Female, 39, Maine AGE DURING RELATIONSHIP: 16 to 19 years old

Gender of intimate partner: Male

When I would leave, he would find where I was staying and make violent threats to my hosts. He threatened to take my stuff and drop it off at my grandmother's house knowing this would cause her to worry herself sick.

He controlled every aspect of my life, including getting jealous over a male singer whose music I listened to.

When I
got
pregnant
he tried
to have
people
convice me
to abort,
even
though he
wouldn't
use
protection.

Manipulation

Pressured me to give up plans or activities.

Threatened to leave me.

Was overly jealous.

Sexual Abuse

Isolating

Controlling

Didn't like my

friends/family.

Hounded me until I "gave in".

Social Media Tampering

Accessed my devices/accounts.

Blew up my phone with calls and texts.

THIS IS

NOT LOVE

Abuse
Prevented me
from working.
Held "gifts"

over my head.
"Borrowed"/
controlled my

money.

Minimizing
Denying

the crazy one.

Said the abuse didn't happen.
Said it was my fault.
Said I deserved it.
Turned it around

and said I was

abusing him.

Physical

Abuse

Restrained me

physically.

Hurt me

physically.

Intimidation

Got in my face.

He made me

feel like I was

Was violent near me.
Threatened violence.
Threatened or did

Threatened or did destroy my belongings.

Puts You Down
Called me names,
including "crazy".
Said no one else would

want me.
Made me
feel I was a
bad person.

He always accused me of cheating.
He threw my makeup off a balcony, saying I looked like "a Mexican whore".

He didn't let me work or go to School.

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TO CHARE VOIR STORY

This person was 42 and I was 16. I had no idea how wrong it was. I still feel so embarrassed and this person still harasses me.