Female, 21, Maine AGE DURING RELATIONSHIP: 17 years old

Gender of intimate partner: Male

because he could not imagine life without me. Whenever I was anary or frustrated with him he threatened to leave me.

I was not allowed to talk to guys my age. During heated fights he always warned me "Do not tell your family." His behavior caused me to fail one of my classes. I wasn't Social because I didn't **Controlling** want the outside world to

see how

he was

me.

treating

He had

access to

all of my

Social media accounts and

looked at every

Blocked my guy friend. Blew up my phone asking where I was.

conversation.

He said if I left he would take his life

Manipulation

Threatened to commit suicide if I left him.

Threatened to leave me.

Minimizing Denying

Said it was my fault.

Said I deserved it.

always the one to blame. It was my fault for the way he was, and that our relationship didn't work. I was

No matter what the

problem was, I was

always the crazy one.

Got in the way of school/ social activities. Didn't like my

Isolating

Was overly

jealous.

Controlled who I saw/how I

looked/what I did.

Social Media

Tampering

family/friends.

Accessed my devices/

accounts.

Blew up my phone with calls and texts.

THIS IS **NOT LOVE**

Stalking

Insisted I respond to texts.

Puts You Down

Called me names, including "crazy".

Made me feel I was a bad person or partner.

He called me a worthless bitch and said I was a waste of his time and money.

If I went a few hours without responding to his texts he would go crazy.

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I remember being 17 and not knowing what it was or what to call it. I never knew abuse could be verbal and emotional. I hope this information helps young girls in these situations. You are worthy, and enough.