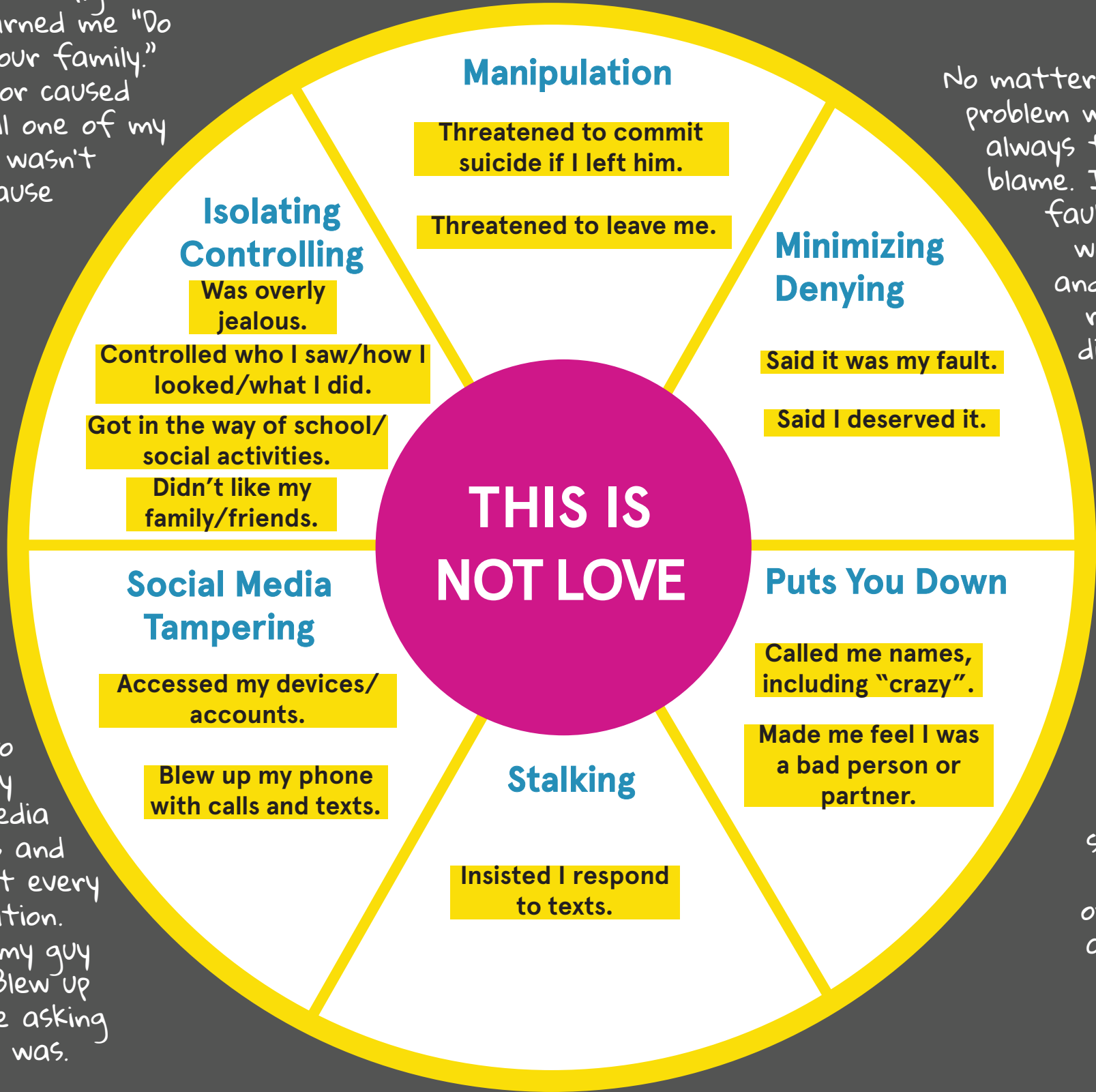


**Female, 21, Maine**  
**AGE DURING RELATIONSHIP: 17 years old**  
**Gender of intimate partner: Male**

He said if I left he would take his life because he could not imagine life without me. Whenever I was angry or frustrated with him he threatened to leave me.

I was not allowed to talk to guys my age. During heated fights he always warned me "Do not tell your family." His behavior caused me to fail one of my classes. I wasn't social because I didn't want the outside world to see how he was treating me.



No matter what the problem was, I was always the one to blame. It was my fault for the way he was, and that our relationship didn't work. I was always the crazy one.

He had access to all of my social media accounts and looked at every conversation. Blocked my guy friend. Blew up my phone asking where I was.

He called me a worthless bitch and said I was a waste of his time and money.

If I went a few hours without responding to his texts he would go crazy.



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I remember being 17 and not knowing what it was or what to call it. I never knew abuse could be verbal and emotional. I hope this information helps young girls in these situations. You are worthy, and enough.