Female, 25, Maine AGE DURING RELATIONSHIP: 19 to 22 years old

Gender of intimate partner: Male

He said he would "find the nearest tree and hang himself" if I ever left him and took our 2-year-old daughter.

He used to take my car to work and lock me and my infant in a room inside the house.

Manipulation

Threatened to commit suicide if I left him.

Pressured me to give up plans or activities.

> Threatened to leave me.

Intimidation

Got in my face. Was violent near me. Threatened violence.

Threatened to or did destroy my belongings.

was painful or

uncomfortable for me.

Hounded me

until I"gave in".

Forced sex.

After I had my daughter, he told me nobody

would want my postpartum body.

Social Media Tampering

Blew up my phone with calls and texts.

Accessed my devices/ accounts.

THIS IS **NOT LOVE**

Puts You

Down

Called me names, including "crazy". Made me feel I was a bad person or partner.

Said no one else would want me.

Stalking

Insisted I respond to texts.

Showed up to "make sure I was OK".

Tracked my location/activities.

Financial

"Borrowed"/ controlled my money. Prevented me from working.

Isolating

Controlling

Got in the way of

school/social activities.

Didn't like my

friends/family.

Controlled who I saw/

how I looked/what I did.

Was overly jealous.

Held "gifts" over my head. Ruined my credit.

Sexual Abuse Abuse

Forced me to have sex without protection. Didn't care if sex

Physical Abuse Restrained me physically.

> Hurt me physically.

Minimizing/Denying

Said the abuse didn't happen. Turned it around and said I was abusing him.

> Said I was exaggerating. Said I deserved it.

Said it was my fault.

of me cryina hysterically after he abused me to show how "crazy" I was.

He

took

videos

I was not allowed to work. He gave me \$5 a month for féminine products. I would go to the Dollar Tree, get what I needed, and then give the receipt and exact change back to him.

He hit, punched, kicked, choked me.

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I wasn't allowed to eat, have friends, make money, or live my life. I am in therapy twice a week for PTSD.